

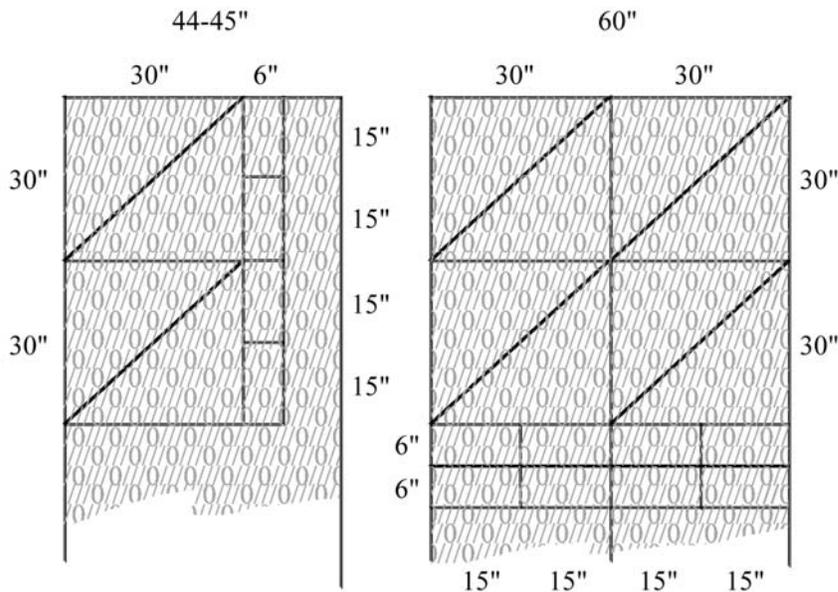
Triangular Chemo Scarf

September 2009



Materials: soft, firmly woven washable fabric such as cottons, cotton blends, rayons, soft linens, other silky blends (must be comfortable next to bare, sometimes sensitive skin); batting (or fleece, or several layers of double-faced baby flannel, etc.); matching or contrasting thread.

1. Wash fabric.

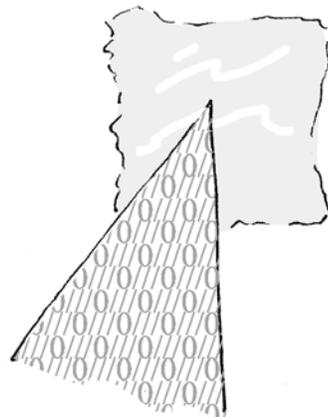


2. Cut fabric as per layout, one smaller rectangle for each larger triangle.

44-45" - 1 2/3 yds.
= 4 scarves

60" - 2 yds.
= 8 scarves

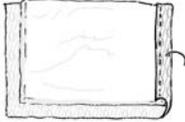
3. Cut the same number of pieces of batting as scarves. Each rectangle is 5" x 14".
4. Hem the triangle. Use a rolled hem on your serger if you have one. To help get the points started, put a scrap of Solvy or other tear-away or wash-away stuff under the point, lift the presser foot, and push close to the serger needle so it will grab the fabric and start it through. Lower the foot and stitch. At the end, trim the thread tails, turn, and repeat.



5. Carefully put a dot of Fray-Block or other similar product on each corner and let dry at least twenty minutes before trimming the remaining thread tails.

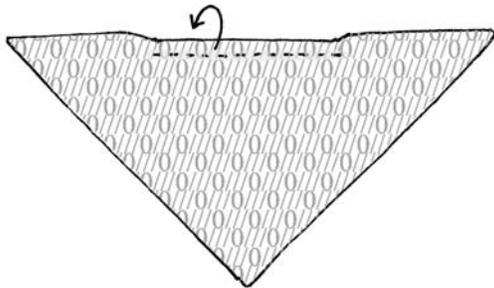
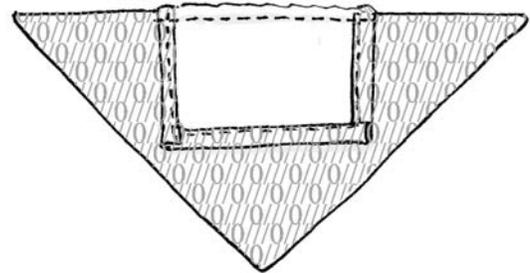


6. Match the long edge of a piece of batting to the long edge of a rectangle, with $\frac{1}{2}$ " of fabric extending on the other three sides.



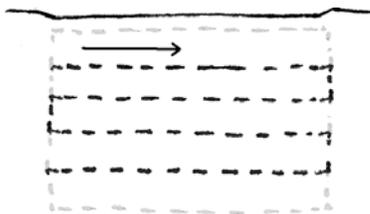
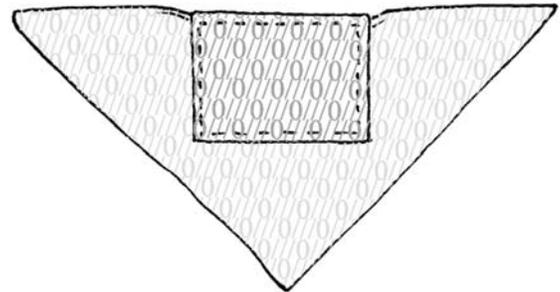
7. Fold one raw edge over and baste. Do the other sides the same way. Stitching must catch both the batting and the fabric.

8. Fold to find the center of the long side, and match to the center of the long side of the triangle, right sides together. Pin and stitch across top edge with a $\frac{1}{2}$ " seam.



9. Turn the rectangle to the wrong side of the scarf and roll the seam slightly toward the back so it doesn't show on top. Topstitch rectangle $\frac{1}{2}$ " from edge of scarf, anchoring ends.

10. Turn over so the rectangle is on top and smooth out. Stitch rectangle $\frac{1}{8}$ " from edge to secure the other three sides.



11. Chalk guidelines for faux channel stitching approximately $\frac{3}{4}$ " apart, adjusting so the spacing looks even.

12. Stitch as shown.