



## Chemo Scarf with Scrunchie

Industrial Techniques modified for Home Sewing

© 2008 Joellyn Keranen & Carol Kimball

### DO NOT CUT ANYTHING UNTIL INSTRUCTED!

Firmly woven fabric:

22" x 31" for scarf

6" x 20" for scrunchie

Fleece or other soft stabilizer (allow 10 1/2" x 13") for pattern, page 3

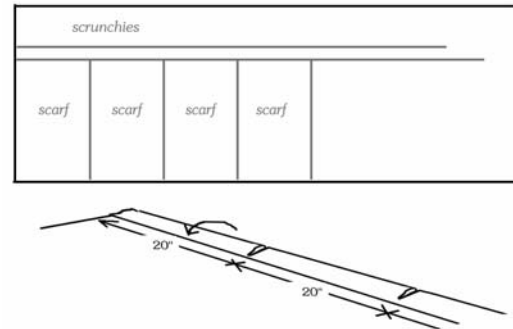
3/8" Elastic x 6" for scrunchie

Piece of cord/string/fish line for turning tubes

### Cutting:

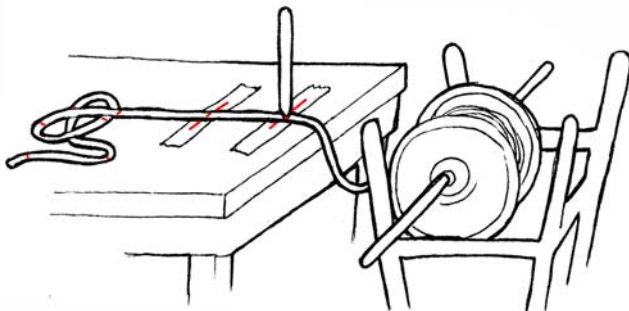
With an L-square, yardstick or other measure, lay the scarves out and chalk, butted together, with the scrunchies in one long strip (or several, but butted together as far as possible) along the selvage. Cut the scarves. Fold the scrunchies' strip on itself and mark by cutting mostly through the fold at 20" intervals.

LEAVE the scrunchies in a long strip!



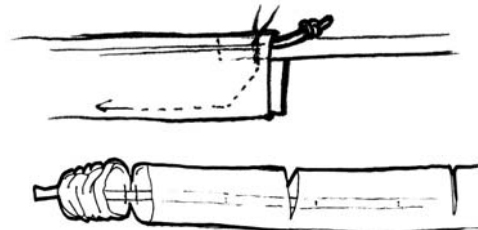
### Industrial-for-home technique for Scrunchies

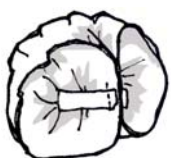
Mark elastic every 6". Leave a short section on the starting end.



Tie an overhand knot with a couple extra loops in the end of the cord / string / fishline. Lay it in the fold of a right-sides together length of fabric. Overlap one end of the elastic with the knotted end of the line, inside the fold.

Sew through all across the short end of the scrunchies' tube, and then down the long side at 1/4". If your line isn't quite long enough, pull it up as you go. Turn the tube. Safety-pin the end of the elastic to the end of the tube. Align a mark on the elastic with the cut scrunchie fabric and tack at each side of the cut. Cut the scrunchies apart.





Sew the tubes together firmly across the elastic sections. Sew the raw edges together as far as you can. Turn under raw edges, pinch together, and narrowly topstitch.

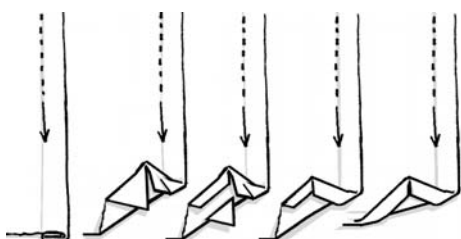
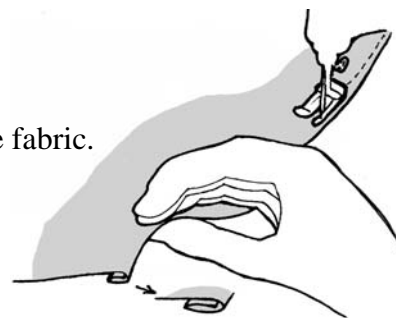
### Industrial hemming technique

No pressing.

No pins.

The hem is eased in by the feed dogs and positioning of the fabric.

Turn the seam allowance under twice for a few inches and finger-press. Lay scarf right side up on machine bed (turned allowance underneath) with hand positioned as shown. Sew a few inches. Clip the starting threads.

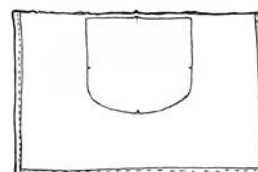


Continue to turn under and sew in short sections. When you get close to the corner, fold up and finger press the triangle (optional: clip some of it off), fold the hem you've been sewing, and fold the start of the next section, finger pressing firmly. Continue until three sides (two short and one long one) are finished.

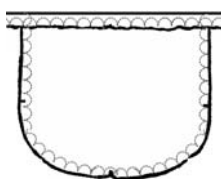
Butt the next scarf to this one and sew it the same way. Continue until all the scarves are hemmed on three sides.

When you begin to learn this technique, or if you have a heavier fabric, use a slightly wider turn-under for the hem. As you get control you can make it narrower.

Fold the hemmed fabric in half and pinch the center of the raw edge. Likewise find the center of the straight side of the fleece. Align the two pieces as shown with the fleece about 3/8" from the scarf's raw edge.

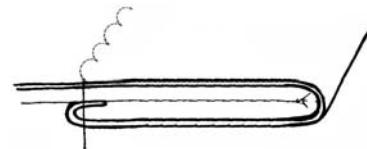


Set your machine for the widest possible zigzag or other decorative stitch. Lay the scarf right side up with the raw edge of the scarf folded under, around the fleece and topstitch close to the edge (use industrial hem technique above but turn under only once).



Sew the fleece to the scarf around its long, curved edge. A single line of stitching does not hold in the wash.

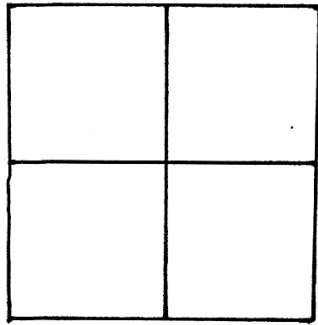
Fold the fleece edge to just cover the notches and topstitch as shown (view is a cross-section through the fleece area).



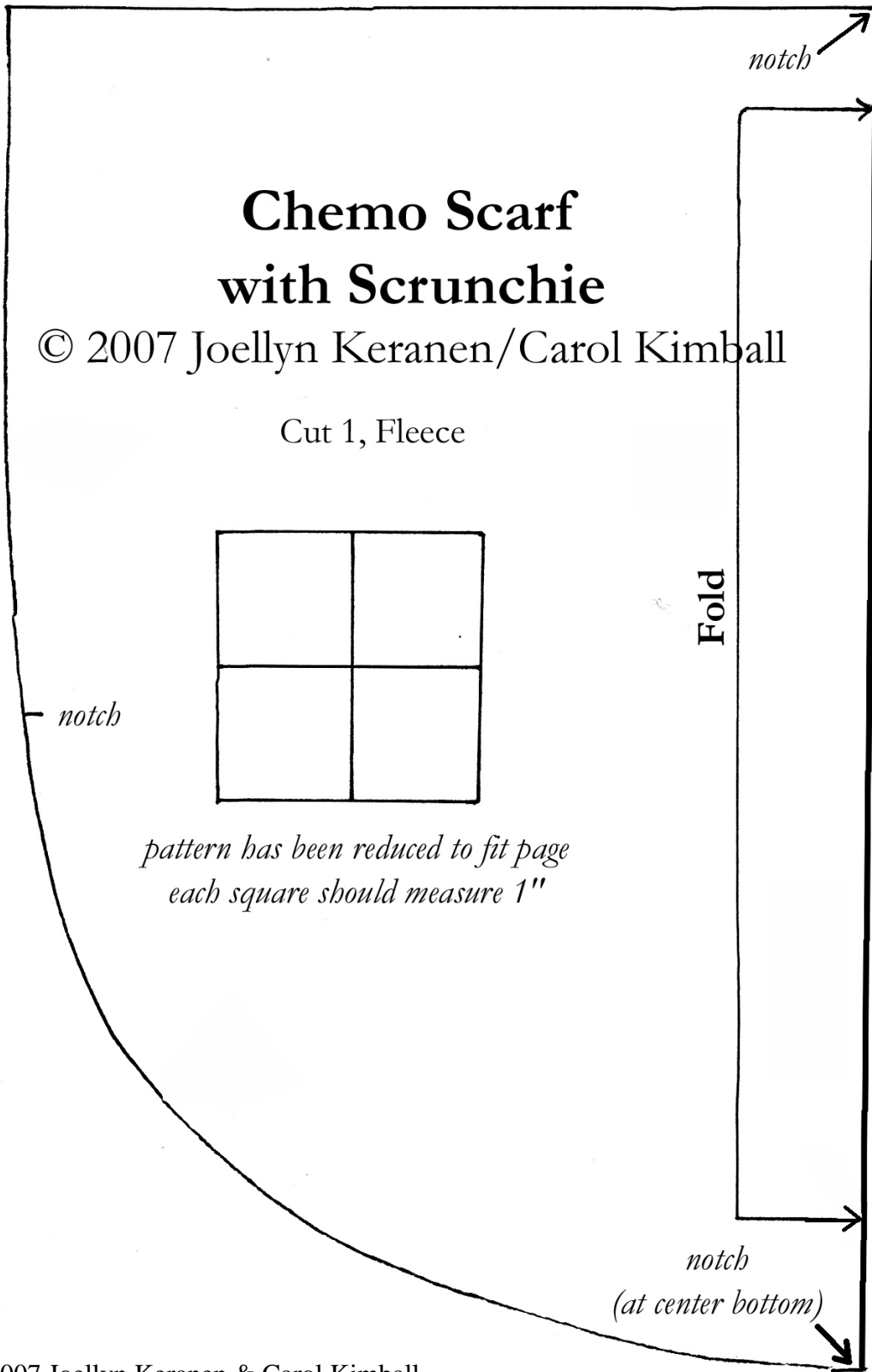
# Chemo Scarf with Scrunchie

© 2007 Joellyn Keranen/Carol Kimball

Cut 1, Fleece



*pattern has been reduced to fit page  
each square should measure 1"*



© 2007 Joellyn Keranen & Carol Kimball

You may copy and distribute this for non-commercial use, keeping this attribution.